



Editor: Alana Fazackerley – alana_fazackerley@hotmail.com

Welcome to our monthly Northern Zone of Dressage Tasmania's newsletter, distributed to members of Dressage Tasmania. This edition is a public wrap up for the 2017-18 season, the next edition will be August.



FROM THE PRESIDENT

Oh my golly gosh where has the year gone?! And before we know it we're multi layering the rugs on our best friends and feeding copious amounts of hay whilst squishing around in the mud.

The Northern Zone has implemented the change of grounds from Gravelly Beach to the Thirlstane Dressage Grounds. This has been a fantastic move for the two zones who are now working together to improve the current facilities. The majority of Northern Zone members were positive and very supportive for the change of grounds. Some Northern Zone members had concerns that have been listened to and discussed at zone and state meetings. Some of the improvements at the grounds that we are working on have been from the concerns that members have raised. These are workable issues that will be sustainable for the future. More working bees are planned, I hope all members put their hand up to attend. Grab hold of that paint brush or whipper snipper and you never know how much you'll enjoy yourself.

The Northern Zone ran fantastic competitions over the 2017/18 season with healthy numbers participating and enjoying the Thirlstane Grounds. I can't thank the organisers of the competitions enough as the work that goes into running them is amazing. The Competition Guidelines that were put together have been imperative for coordinators to understand the what, where and why's of running a smooth day. Luckily we only had to cancel one competition this season due to inclement weather.

I'm so excited for the next season and what we can all achieve in our riding, our club and our sport as a whole. We have the Northern Zone AGM at 6.30pm on Wednesday, 8th August where office bearers for the new season will be elected. The Jail House Grill has great meals and I encourage everyone to attend and participate in the day to day running of your sport.

Regards Maryann

Member Profile:

Christine Burleigh



How long have you been riding?

I've been riding for over 40 years, owning my first horse when I was around 12 years old.

How many horses to do you have and what are their names?

I have 8 horses at home, 5 retirees, 2 unsound and no longer able to be ridden and my riding horse Adloo Gandhi who I was lucky enough to purchase from Judy Atkinson 4 years ago and absolutely love him to bits, even when he's being a bit cheeky!

What's your main disciple interest?

Dressage, I especially love the training. Bert Gibson has been my coach for many years but I've been out of action for the past 9 months or so due to a knee injury. I'm now back in the saddle and hoping that I'll get back into lessons at some stage this year.

How are you involved in your favourite discipline?

I've been involved with DT for many years in various roles from Northern Zone Chair/committee, SDA and competition co-ordinator. My work life has taken over the past few years so no longer on committee but still co-ordinate a competition each season.

What do you find so enjoyable about it?

Mostly for me it's time out from work stresses and gives my head a chance to be clear of everything except enjoying Gandhi. It's also the social aspect - I've made many friends through DT and especially enjoy time with my friends riding, sharing our horsey ups and downs and enjoying lots of laughter.

What are two key training points you've learned or focused on in the past 12 months?

Rhythm and straightness.

Thanks Christine, for sharing your story with us.

Coach Profile:

Peter Fischer



How long have you been coaching?

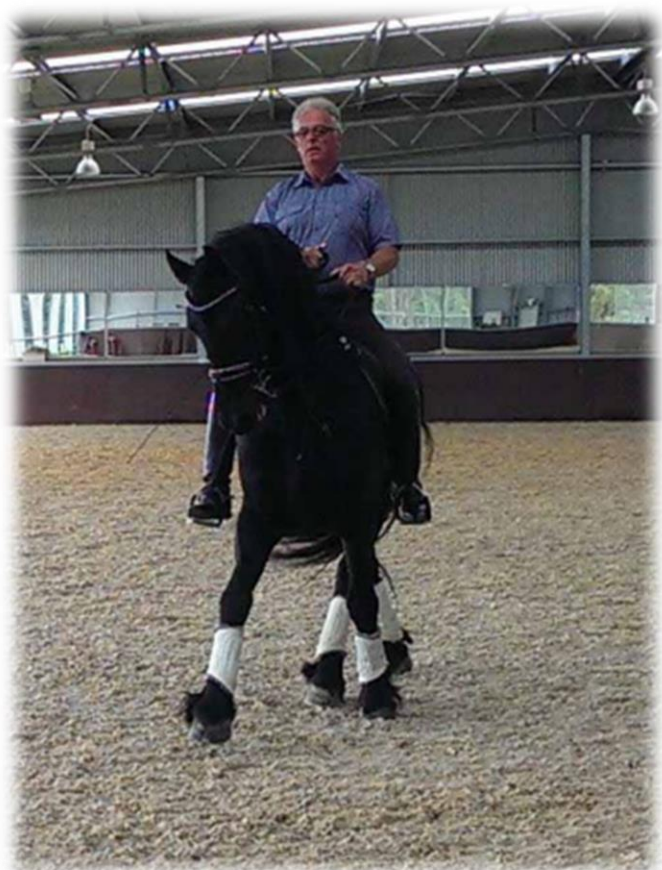
I learned in Germany, I did an apprenticeship when I was 17 then an exam, 8 years working and then did my Masters in 1986. So I've been coaching and training horses since then.

Why have you decided to be a coach?

I love horses, I love riding and I want people to get better at being nicer to the horses. I like improving people, working with people, to get the right way of training a horse across to people. Yes it's about the horse. I want horses not to suffer the wrong training, getting sore and mistreated because of that. So that's the main reason why I'm coaching.

What are two key coaching points you can provide to readers?

Getting the right training. Dressage training is being patient, getting the basics right, then move on and if you get a problem go back to the basics. This is my way of teaching the whole time. I'm teaching and training horses up to Grand Prix, but I need the basics every single day. With horses at home I ride the basics and then move on. That's the biggest key point of my whole coaching, getting the



training scale right, getting the rider to understand the horse – these are the key points I think.

Is there something of importance you've learned through coaching?

I must say that I teach many lessons every year, and I've been teaching for many years, and every lesson I give I learn something. It can be with the rider, as a human, or with the horse – me understanding 'ahh better', why is it better? It's continuous learning. If I ever teach people where I don't get that feeling, I stop teaching them, because it doesn't match with me.

What is the best way to access your coaching services?

At home we have a training business with all facilities, indoor/outdoor/stables etc. Phoning and leaving a message is best (because I never answer the phone when I'm teaching or riding).

Most of the riders in these clinics I have been teaching for 5 years now, and I'm quite pleased with the progress we make. Most of them have started with young horse classes and up to FEI level with good marks.

Thanks Peter, for sharing your story with us.

Peter is based in Trafalgar, Victoria, and comes to Tasmania twice a month. Clinic bookings are accessible through contacting regional organisers Bert Gibson, Jamie Smith and Kerrie Swan Bates.

Peter is in the process of establishing a web site.

An accredited coach undertakes intensive training and multiple experiences to do what they do, to reach a level where they take riders to levels they never expected to reach. I'm sure you along with I, respect and appreciate the level of coaching we have access to in Tasmania – without which we would all be struggling!

If you have aspirations of being an accredited coach, or want your existing skills recognised – read more here:
<http://www.equestrian.org.au/coaching>

STATE SQUAD

A review of the Squad is being undertaken with the aim of finding the best fit for Dressage Tas, our Members and Squad Riders. A survey has been created, and all members are strongly encouraged to have their say on the format of the squad going forward. SDA thanks Kerrie Swan-Bates and Bert Gibson for their work as squad coordinators and acknowledge the current Squad coach Peter Fischer for his contribution to our current squad riders and their development in the sport.

The questionnaire is at this link: <https://www.surveymonkey.com/r/ZYCN5XQ>



JUDGES' FEEDBACK

Did you know you can access judges following competitions, to gain feedback on your tests? At the end of each competition, judges remain at the grounds for approximately half an hour. It's a good opportunity to access valuable information for ongoing improvement.

CHANGES TO COMPETITION COORDINATOR ROLE

At the 2018 Annual General Meeting on Wednesday 8 August, the competition coordinator role will be simplified and split into separate roles to make it easier and less cumbersome. The roles will require someone to undertake that work for all competitions in the season, rather than competition by competition. This would include if you were not available for a particular competition, arranging someone else.

A **Day Coordinator** will still be needed for each competition to be the 'go to' person on the day.

An example of specific roles:

1. Competition draw
2. Judges selection
3. Penciller/helper selection
4. Prize and gratitude gift coordination/purchase
5. Food/consumables coordination/purchase
6. BBQ

Consider how you would like to be involved.

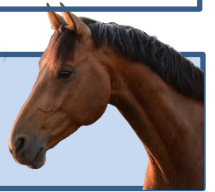


Membership Reminder

Dressage Tasmania and Equestrian Australia
memberships expire 30 June 2018.

Renew both in Nominate.

Links



MARY HANNA – DRESSAGE RIDER – PART ONE

<http://www.horsemagazine.com/thm/2016/06/mary-hanna-dressage-rider-part-one/>

MARY HANNA – DRESSAGE RIDER – PART TWO

<http://www.horsemagazine.com/thm/2016/06/mary-hanna-dressage-rider-part-two/>

MARY HANNA – TRAINING CALANTA AT HOME

<https://youtu.be/eCpKPbLZ65Q>

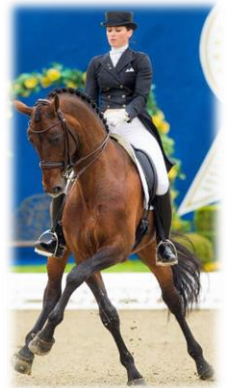
MIND OVER MATTER by LYNDAL OATLEY

Lacking confidence? Maybe you just think you do. Use your head to turn that around and teach yourself how to ride more confidently with the help of these techniques.

<http://www.equestrianlife.com.au/articles/Mind-over-matter>

LYNDAL'S TOP 5 TIPS

<http://www.equestrianlife.com.au/articles/Lyndals-Top-5-Tips>



MEMBER PROTECTION OFFICERS

Member Protection Information Officers play an important role in sport. They provide information and guidance on complaints procedures - they are the 'go to' person if you want to discuss problems at your club/association, particularly if you are considering making a formal complaint.

Equestrian Tasmania's Member Protection Officers include Andrea Watson 0477 685 265, and Diana Ellery 0488 330 553.

2018-19 COMPETITION DATES

The Dressage Tasmania Event Calendar is at this link:

<http://www.tas.equestrian.org.au/dressage/events/calendar>

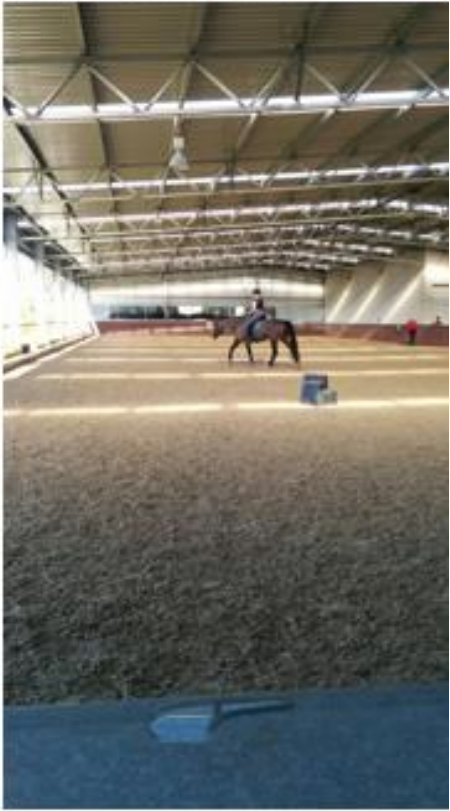
NORTHERN ZONE COMPETITIONS AT THIRLSTANE DATES:

2018 14 October , 11 November, 16 December

2019 27 January, 10 February, 24 February, 14 April, 12 May



Peter Fischer's Squad Clinic at Woodend, Deviot, 9 and 10 June 2018



RULES AND GUIDELINES

National Dressage rules changed on 1 January 2018. The Dressage Tasmania web site:

<http://www.equestrian.org.au/Dressage-rules> has the full EA National Dressage Rules.

4.5 Gear Steward

The Gear Steward is responsible for:

- a) guiding the rider on the *legality* of the saddlery, equipment and dress referred to in Section 2
- b) checking the gear of each competitor for each test, either before the test or as specified in the schedule or on the notice board. The exceptions to this rule are in the case of an FEI-sanctioned event or if the bit/bridle is in question, in which case any inspection should be done immediately after the completion of the test. If this inspection requires the removal of the bridle, a head collar/halter must be made available for this purpose. Any removal of equipment must be done by the rider or their agent
- c) ensuring that a competitor's gear check is completed to allow sufficient time for them to proceed to the competition arena and adhere to the time draw. If a problem arises during a gear check which may cause a delay, the competitor or their agent must be requested to re-present to the gear steward *immediately* after their test concludes
- d) consulting with the TD or, in their absence, a member of the Ground Jury if doubt exists regarding any item of saddlery or other equipment
- e) having a 1.0m and a 1.2 m gauge accessible (e.g. tube, rod, tape measure, mark on fence) to ensure compliance of competitor's whip
- f) using disposable surgical/protective gloves – one new pair for each horse – if inspecting the bridle (mouth area)

Events



JUDGES' SEMINAR – still time to book!

Bert Gibson, an 'A' Level Judge and Judge Educator will be presenting an 'E and F' Level Seminar (theory and practical) on Saturday 23 June at Woodend Equestrian Centre, Deviot. This can be counted for re-accreditation for E and F Level Judges, and as a workshop for other levels.

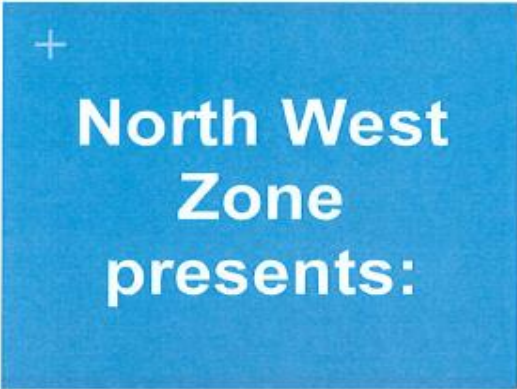
If you are upgrading to E or F Level it counts as a workshop until you upgrade. Certificates will be issued. All are welcome, we encourage education, valuable for riders and judges. The seminar is FREE for Dressage Tasmania and Equestrian Tasmania members, and \$20 for others.


Book by 15 June with Suzanne Betts, Chair, Dressage Judge Education Panel (Tasmania), Email: chimo@netspace.net.au or mobile: 0428 674 790.


Information on becoming a judge is available here <http://www.tas.equestrian.org.au/dressage/content/judges-information>


TRAINING DAYS

Please let a member of the Northern Zone committee know if you would like to coordinate/organise training days at Thirlstane.









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Win a ticket to the Through the Levels Masterclass with Carl Hester

The North West zone are excited to raffle one ticket to the Carl Hester Masterclass which will be held at the 2018 Brisbane CDI. All funds raised will go to the North West Zone Dressage Club to go towards ground improvements. The North West Zone would like to thank Sue Lamont for kindly donating the ticket.

Raffle tickets are \$10 each and are available on www.nominate.com
The raffle will be drawn on the 30th of June at 12pm.

The 2018 Brisbane CDI will be held on:
Sunday the 22nd July 2018 10:00am
Queensland State Equestrian Centre,
Corner Tuckeroo Drive & Beerburum Road, Caboolture QLD

CONTACT DETAILS

It's important that members receive the latest news and are informed in a timely manner. If you've change your email address, or have a new one, please let dressagenorth@gmail.com know so contact details can be maintained and up to date.

NORTHERN ZONE of DRESSAGE TASMANIA COMMITTEE MEMBERS

Maryann Smink – Chair	0418 510 320 libertygrove@bigpond.com
Judy Harding – Vice Chair	0400 058 366 judyh2mmm@yahoo.com.au
Madelene Evans – Secretary	0477 177 407 mlevans_mp@outlook.com
Jayne Blyth – Treasurer	0419 844 520 jayne_blyth@bigpond.com
Megan Whalley – Riders Rep/Club Contact	0400 908 867 dressagenorth@gmail.com
Newsletter Editor – Alana Fazackerley	alana_fazackerley@hotmail.com

Committee Members:

Judy Atkinson, Teresa Darcy, Kristy Challis, Suzie Davis, Lydia Davis and Alana Fazackerley

You are receiving this email as a member of Dressage Tasmania.