

Summer greetings everyone!

Welcome to Dressage Tasmania's newsletter.

We sincerely wish you a happy and safe
Christmas and 2023.

If you think of anything you'd like included in future newsletters please let us know at Email:

dressagetasmania@outlook.com.

If you would like to communicate with the Committee, please email dressagetasmania@outlook.com.

Decision-making is achieved through SDA meetings which occur monthly. The next meeting date is **11 January 2023**.

Zone contacts

North

Co-Presidents – Judy Atkinson and Sue Lamont

Secretary – Megan Whalley

Treasurer – Katelyn Coniston

General committee: Judy Harding, Teresa Darcy, Jayne Blyth, Alana Fazackerley, Michael Glover and Jess Van der Vlist. Email address: dressagenorth@gmail.com

North West

President – Penelope Moore

Vice President – Linda Smink

Secretary – Jodi Towns

Treasurer – Annika Lockwood

General committee: Rose Kemp, Jordan Gale, Kenya Broad, Jamie Smith, Penny Higgins, Carolyn Fisher, Jodi Strobl. Email address:

nwdressagezone@gmail.com

South

President – Gill von Bertouch

Vice President – Heather Stewart

Treasurer – Katherine Drake

Events Secretary – Tania Hay

Minutes Secretary – Jill Suban

TEC Representative – Karen Allen

SDA Representative – Suzan McDermott

General committee: Chloe Amos, Millie Ashton, Lyn Bourn, Tammy Cunningham, Sophie McDermott, Jill Schwartz, Sharen White, Jenny Wilson. Email address: dtassouthernzone@gmail.com



Dressage Tasmania events

Access events through Nominate. Flag in Nominate to receive email notifications of upcoming events.

Dressage Tasmania printable calendar:

<https://www.tas.equestrian.org.au/dressage/news/printable-dressage-tasmania-calendar-2022-2023> Access the link and scroll down the page to download a PDF calendar of events.



Australian Interschool Championships 2023

Oct/ Sept - Werribee Victoria

Do you enjoy DRESSAGE?



Do you want to represent Tasmania at the 2023 Interschool Championships?

START YOUR QUALIFICATION PROCESS NOW

Enter Dressage Tasmania - North, North West or South official competitions before mid March 2023 and tick the Interschool section when entering.

You must be an EA member and hold an Interschool Licence at the time of the event for it to count.

Download the info book for full info

tas.equestrian.org.au/interschools/content/Interschool-tasmania

Other Interschool disciplines are:

JUMPING

CT

EVENTING

SHOW HORSE

Carl Hester Masterclass winner – Lucy Johnston

I would like to thank Dressage Tasmania for sourcing two tickets to the Carl Hester Masterclass for the end of season raffle. I was delighted and most excited to win. I often watch clips of Carl riding and training, so to see him in action live was wonderful.

It was extremely interesting to see him train horses of all levels throughout the evening. I found it quiet inspiring and I have done a lot of transition work with my mares since I got home.

Carl is a very knowledgeable trainer and delivered a simple take home message "[that the more you ride, the better you become](#)".

Thank you Danielle Aitken for coming with me and Dressage Tas for the opportunity.



Making anticipation work for you . . . *Brett Parbery*

Horses are so good at recognising and replicating patterns. They know when you, for example, come around a particular corner in canter and you sit up and there's a letter there, there's a good chance you'll be trotting, and so they beat you there. This anticipation can be both negative (working against what you want to achieve) and positive (useful for you).

The key is to harness this ability to remember patterns, and use it to our advantage as trainers.

In other words, we need to train the patterns we want the horse to anticipate.

The horse is going to anticipate something, so we may as well make that work in our favour!

An example of something I'm happy for my horse to anticipate is going from shoulder fore (for example, out of a corner) to shoulder-in. Getting into shoulder-in can be clunky so I'm more than happy for my horse to be always half expecting to move the shoulders inwards. Practising that for me is a positive thing, creating a positive anticipation.

It does also depend greatly on the type of horse you're riding. If your horse gets behind you, then it's a positive anticipation for the horse to be thinking about extended trot out of the collected trot corners. You can simply take that energy and channel it where you need it.

If your horse is the opposite and takes over, then you could train your horse to anticipate coming right back to you and waiting out of every corner.

Now all this becomes a lot more complicated if you're competing frequently because the horses get to know that they can take over for you in parts of the test.

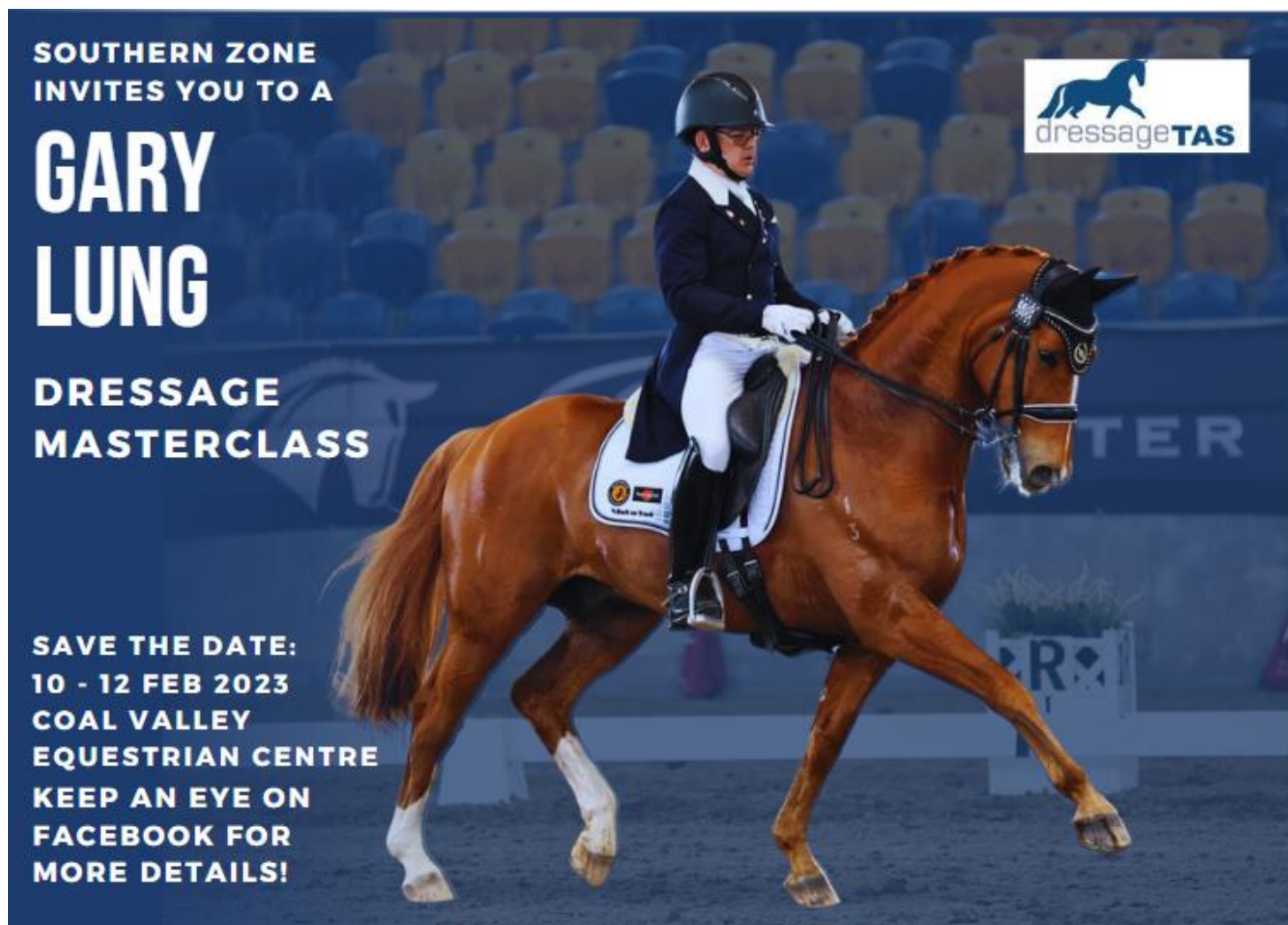
This is one of the reasons I don't like to compete a lot, especially at the lower levels. At the high levels you have way more training tools at your disposal to help with the anticipation.

If you feel you'd like to compete quite frequently for whatever reason (you might simply enjoy it!), and you're having issues with anticipation, you may find it helpful to think about some tests being 'training tests'. This approach is about being strategic with the shows and considering some shows as merely training steps on the way to the shows that are most important to you. If you decide to do this, you'll need to be happy to 'throw' some tests to make the point to your horse that the rules of training don't change just because you're in the competition. For example, you might ride past the letter to make a canter to trot transition, because the horse is expecting to trot there.

Protocol days (sometimes called training or practice days) are really useful to simulate the competition environment, but you'll feel more opportunity to enforce your training rules. You can even often talk through it with the judge.

Don't forget, though, your training may have worked really well and there ends up being nothing to correct in the test!

Brett and Nat, Co-Founders, Performance Riders




**SOUTHERN ZONE
INVITES YOU TO A**

GARY LUNG

**DRESSAGE
MASTERCLASS**

**SAVE THE DATE:
10 - 12 FEB 2023
COAL VALLEY
EQUESTRIAN CENTRE
KEEP AN EYE ON
FACEBOOK FOR
MORE DETAILS!**



Have you thought about being a Writer?

Writing, or pencilling, at competitions is essential for competitions, but resources are few and they're sorely needed! It's amazing how much you can learn by listening to a judge comment and score – and it's not hard. Live scoring through Nominate makes the task easy, using tablets already set up before the competition. It's a case of click and go.

If you want to know more, or have a go, ask to sit in on a couple of tests at a competition to see how it's done or take 10 minutes at lunch time to go through the process with a Writer.

Email your Zone to express an interest – go on, do it!

Equestrian Australia – Learning Centre

Coaching Courses – Officiating Courses – Compliance Courses

[Launching Your Equestrian Learning Centre | Equestrian Australia](#)

The Equestrian Learning Centre is a new digital learning management system (LMS) that is an educational platform of information and courses. It will provide a direct link to Sport Australia that informs and guides equestrian participants on a learning journey.

2023 State Dressage Championships

A Provisional Schedule has been approved. A sponsorship package is available, so if you know of anyone who might be interested, please notify the Committee.

Committee:

Chair: Linda Smink

Secretary: Penelope Moore

Deputy Chair: Kenya Broad

Treasurer: Alison Hall

Eligibility criteria

Qualifying period 30 January 2022 and 29 January 2023

Official horse and rider combination are required to have received scores of 60% or more at the level they have entered for the Championships.

FEI horse and rider combination are required to have received scores of 55% or more for the tour level they are competing in at the State Championships.

Unofficial horse and rider combination are required to have competed at two DTAs Events.

Horses/ponies may only compete at their graded level or higher, where eligible.

Heights

As per EA Rule 4.8.3.3 – Heights of Horses and Ponies:

- a) Horses must exceed 149cm with shoes, or 148cm without shoes.
- b) Ponies entered for Competitive pony competition must comply with the regulations for horses in Rule 4.8.1 with the following exceptions and additions:
 - Ponies must not exceed 149cm with shoes or 148cm without shoes
 - Ponies must have a valid height certificate.

If you can assist with the 2023 State Dressage Championships, no matter how much or how little please contact the Committee at Email: dressagetas.championships@gmail.com

Stewards

By 2024 all EA Competitive and Participant dressage events must have an accredited EA Steward on duty.

This means we will need to develop more accredited EA Stewards.

There is a formal process to be followed to become a Steward. Below is a link to the 'How to become a Steward booklet'. Scroll down to the Stewards section to access the information.

Once the new education pathway is finalised, Steward seminars and practical assessment days will be added to the Calendar, and anyone interested can begin the journey.

<https://www.equestrian.org.au/officials/dressage>

Please consider!

Infrastructure funds

The SDA has reserved funding for Zones to utilise for infrastructure which consists of levies from each competition, plus an additional \$5,000 set aside for each Zone.

Current amounts at the time of publication are: North-West \$5,704, North \$5,784 and South \$5,844.

Rule updates

The summary of changes to the National Dressage Rules effective 1 January 2023 is now available at this link:

[Summary - Dressage Rule Changes 1 January 2023 23112022.pdf \(equestrian.org.au\)](#)

EA Equipment Annex – Dressage Update

The EA Dressage Equipment Annex has been updated and placed on the EA website, Version 20, dated 10.9.2022. This version will become effective from **1 January 2023** providing time for athletes and officials to

become familiar with the updated changes, in line with the *FEI - Guidelines for use of Tack, Equipment and Dress* (update 16 August 2022).

The *EA Dressage Equipment Annex*, Version 19.1, dated 6 July 2021, will remain effective for all National Classes and FEI Level Classes (CDN) until **31 December 2022**.

The *FEI Guidelines for use of Tack, Equipment and Dress* is effective immediately for all FEI CDI Classes.

The EADC encourage all athletes and officials to ensure they become familiar with the updated annex.

Both Equipment Annexes can be found on the EA Dressage Rules Webpage: [Dressage Rules & Tests | Equestrian Australia](#)

2023 – 2026 Dressage Tests

New tests are now available: [2023 Dressage Tests | Equestrian Australia](#)

NOTE – SDA have applied for dispensation and are awaiting a response.

Riders may now ride only two tests a day at any level.

Summer Dressage events

January				
Event	Venue	Close	Event	Contact
15	TEC	1	SZ Competition	dtassouthernzone@gmail.com
22	Thirlstane	8	NZ Competition	dressagenorth@gmail.com
29	Thirlstane	15	NZ Competition	dressagenorth@gmail.com
February				
5	CVEC	22 Jan	SZ Competition	dtassouthernzone@gmail.com
12	Thirlstane	29	NZ Competition	dressagenorth@gmail.com
18	TEC	4	SZ Training Day	dtassouthernzone@gmail.com
26	Thirlstane	N/A	Working Bee	nwdressagezone@gmail.com

Friendly reminders

- Helmet tagging has been mandatory from 1 July 2022 for all EA affiliated dressage events: [Helmet Tagging | Equestrian Tasmania](#)
- Dressage Tasmania membership is open for the new 2022/23 dressage season via Nominate: [Clubs \(nominate.com.au\)](https://nominate.com.au).
- Height certificates are essential for ponies at the State Dressage Championships.
- Numbers at a height of 4cm need to be visible on the horse/pony at all times at dressage events e.g. halters, saddle pads, bridles etc. when in yards, being led/lunged or competing.

Web links

[Dressage Tasmania \(equestrian.org.au\)](https://equestrian.org.au)

[Horse Registration | Equestrian Tasmania](#)

[Your Membership | Equestrian Tasmania](#)

[Insurance | Equestrian Australia](#)

[Medication Control | Equestrian Tasmania](#)

[Discipline rules & regulations | Equestrian Australia](#)